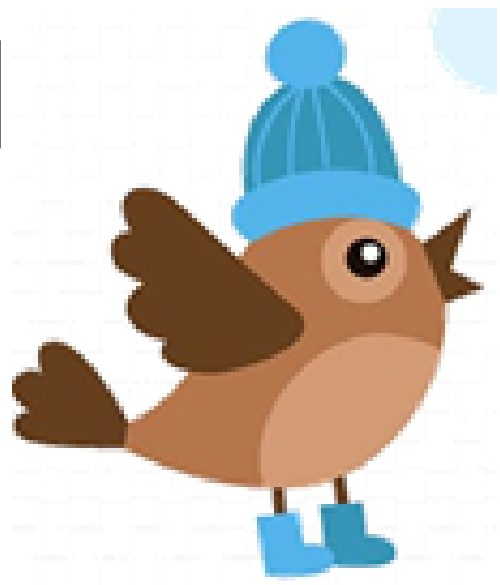
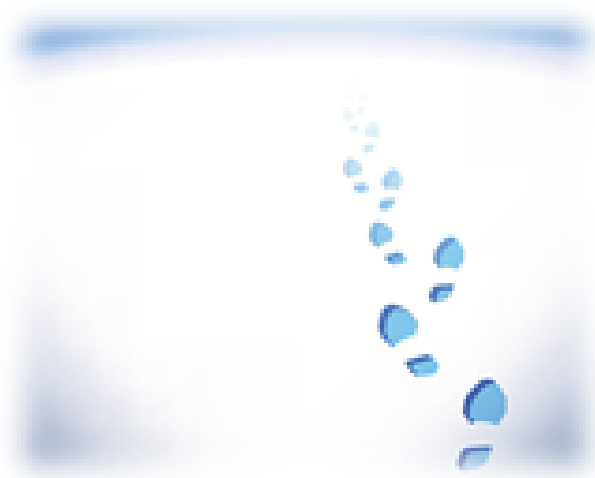

WINTER MINDFULNESS HUNT

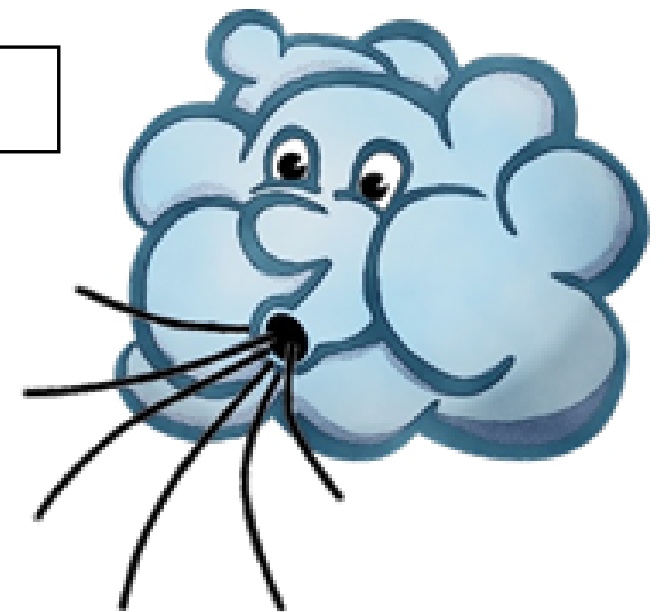
LISTEN FOR



BIRDS CHIRPING

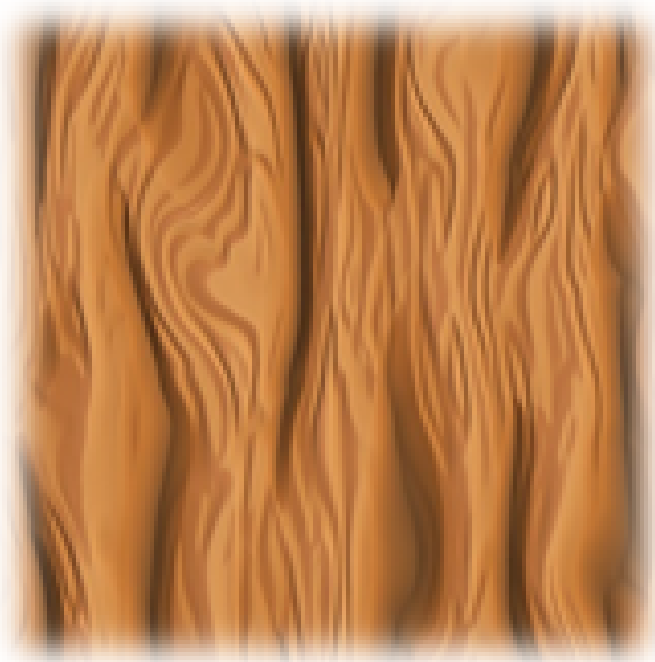


SNOW CRUNCHING



THE WIND

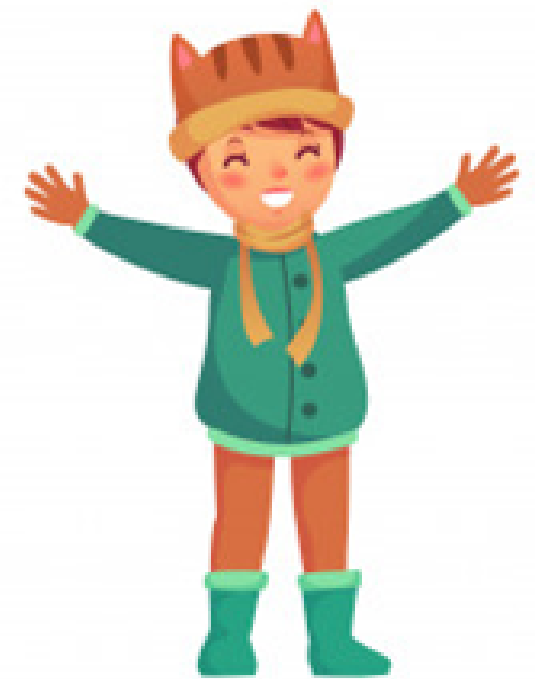
FEEL



BARK



ICE



COOL AIR ON
YOUR SKIN

SMELL



CONIFEROUS TREE



BARK



SNOW